

FY 2022 ANNUAL REPORT

CHNA 15 activities and programs are participant driven and developed under the direction of the Steering Committee (SC) who meet six times during the year, including a full-day retreat each August to review the past year and plan for the upcoming year, and consult regularly via email. Feedback, input, and direction from participants are the basis for all activities, opportunities, and efforts initiated and supported by the Steering Committee.

2021-2022 was a busy year for CHNA 15. Activities continued on a virtual basis, and included an ongoing response to community needs and Covid related challenges through resource sharing, grant opportunities, and trainings that support participants and encourage involvement.

Special CHNA-wide Projects

Trainings: Selection of special CHNA 15 trainings that are a direct result of member suggestions/requests. This year we offered an eight-part series to address mental health challenges related to Covid. Trainings are open to all members of each community served by CHNA 15.

A eight-week series was offered by Erin LoPorto, Certified Yoga Therapist and Health and Life Coach, on *How to Create Mindfulness and Self-Care Habits for Whole Hearted Living*. Workshops were held virtually, and each session was attended by more than 20 people. These sessions were appropriate for both beginner and advanced practitioners. Each session contained contain lecture, discussion, self-reflection, and lots of mindfulness and self-care practices.

Healthy Community Resource Forums

CHNA 15 Healthy Community Resource Forums, formerly referred to as General Meetings, provide an opportunity for representatives from our member agencies to come together to network, share resources, discuss challenges, problem solve together, hear timely presentations, and plan. Members are encouraged to invite colleagues to general meetings.

September 2021 Healthy Community Resource Forum:

In September, CHNA 15 invited Liora Norwich, Executive Director, Network for Social Justice for a *Facilitated Discussion on the Principles of Allyship*

March 2022 Healthy Community Resource Forum:

In March, CHNA 15 invited Lily Pearl, Program and Education Manager, OUT MetroWest and Kay Gordon, former Program Manager, OUT MetroWest to lead a training on LGBTQ+ Basics and Beyond.

CHNA 15 Funding

Funding from local hospitals is the primary source of income for CHNA15. The Steering Committee is judicious in its responsibility as fiscal managers for CHNA 15. Their focus is on due diligence, thoughtful allocation of funds, and careful long-term planning.

DoN Funding to CHNA 15: Funding for CHNA 15 2021-2022 projects was provided by Lahey Hospital and Medical Center and Winchester Hospital Determination of Need (DoN) Funds. We are appreciative of all of these grants as they enable CHNA 15 to continue its work in the twelve communities we serve.

CHNA 15 funding provided/allocated to agencies and individuals in FY 2021

MiniGrants: \$52,381.42 was awarded for seven (7) MiniGrants to: Center for Parents and Teachers, Domestic Violence Services Network, Minuteman Senior Services, Minuteman Senior Services and People Helping People for Fiscal Year Projects and Social Capital, Inc., FISCO, and Saheli for Calendar Year Projects.

Training and Capacity Building Grants: Training and Capacity Building Grants provide awards of up to \$500 for individuals attend trainings or conferences, awards of up to \$2,000 to agencies to train their staffs, provide community trainings or to build capacity or to respond to a community health need. The broad definition of capacity building may include development of small projects, marketing, fund raising, consultant support, etc. Communities/organizations are eligible to receive up to \$2,500 per year. Thus far this year 11 Training and Capacity Building Grants totaling \$14,673.95 have been awarded.

Action Teams, Special Projects

In an effort to respond to member and community needs and to strengthen and enhance the effectiveness of administration and leadership, CHNA 15 has undertaken several new projects and organizational tasks this year. Appreciation is expressed to all those who participated and gave their time to make these efforts possible. Their work has created a better, more well-managed and planful CHNA 15.

- **Training, Outreach and Education Team:** A Training Outreach and Education Committee worked to help plan Healthy Community Resource Forums, Community Trainings, Showcase and Annual Meeting. The team strives to develop CHNA 15 programming that is relevant, educational and that engages additional members.
- **Grants Action Team:** As part of our continued effort to support members in the development of proposals re projects that will succeed as well as to improve grant writing skills, a Grants Action Team worked throughout the year. Their work included a review of the MiniGrant RFPs and score sheets, Collaborative Grant RFP and score sheet, development of new RFPs and scoresheets for Covid relief and response grants, Facilitated Learning Community Symposium Cohort Grants, and COA Programming Grants, revision of the Training AND Capacity Building application and score sheet, advisement on grant review processes, and more.
- **Messaging and Marketing Action Team:** The Messaging and Marketing Action Team continues to help develop messaging for CHNA 15. This year the Messaging and Marketing Action Team also worked on outreach efforts to increase CHNA 15 membership and to support the work of the Nominating Committee. A subcommittee of the Marketing and Messaging Team, the Operating Principles Team meets as needed, but at least every three years, to review and update the Operating Principles.
- **Finance Committee:** The Finance Committee meets to plan the CHNA 15 budget that is presented at the September General Meeting, and reviews budget throughout the year.
- **Long-Term Sustainability Team:** The Long-Term Sustainability Team was created this year to help the Steering Committee to consider the future of CHNA 15. The team has begun by conducting stake-holder interviews, considering options for future funding, brainstorming ways to focus remaining funds, etc., and will make recommendations to the Steering Committee who will determine next steps.

Ongoing Networking and Member Agency Support

Regularly published newsletters, ListServ emails and the **CHNA 15 website**, www.CHNA15.org, and the CHNA 15 Facebook Page promote a wide variety of CHNA 15 and member agency activities.

CHNA 15 work is supported by a variety of people and organizations important to our success. They provide us with many valuable resources, meeting spaces, and collaborative opportunities. We appreciate all their support. They include the following:

- Our funders: Lahey Hospital and Medical Center and Winchester Hospital
- Our fiscal sponsor, Minuteman Senior Services
- Lahey Hospital Community Relations Department
- Grant reviewers
- ROMP Web Services