

### FY 2021 Grant Recipients and Community Trainings

Recipient	Project	Community
<b>Collaborative Grants</b>		
Discovery Museum	<i>Building Capacity to Support Incarcerated Young Fathers and their Children</i>	Acton, Concord
Minuteman ARC	<i>Combating Depression and Isolation in Elders with Developmental Disabilities</i>	Acton, Bedford, Boxborough, Burlington, Carlisle, Concord, Lincoln, Littleton
Network for Social Justice	<i>Building Healthy Communities through Youth Engagement: Organizing at the Intersection of Mental Health and Social/Racial Justice</i>	Winchester, Woburn
James L. McKeown Boys & Girls Club of Woburn	<i>Safe Summer</i>	Burlington, Woburn
<b>Mini Grants</b>		
Center for Parents and Teachers	<i>Parent Education Series to Improve Youth Mental Health and Build Resiliency By Strengthening Family Interaction and Communication</i>	Acton, Bedford, Carlisle, Concord
Cooperative Elder Services	Remote Adult Day Health Project	Acton, Bedford, Boxborough, Burlington, Carlisle, Concord, Lexington, Lincoln, Littleton, Wilmington, Winchester, Woburn
Domestic Violence Services Network	<i>The New Normal: Tackling the Technology Tsunami in a Zoom, Zoom, Zoom World</i>	Acton, Bedford, Boxborough, Carlisle, Concord, Lexington, Lincoln
Lexington Youth and Family Services (LYFS)	<i>Youth Mental Health Support: Everyone Deserves Access</i>	Lexington
Minuteman Senior Services	<i>Volunteer Program Enhancement Project</i>	Acton, Bedford, Boxborough, Burlington, Carlisle, Concord, Lexington, Lincoln, Littleton, Wilmington, Winchester, Woburn
Network for Social Justice	<i>Promoting Youth Engagement in Social Justice as a Holistic Approach to Community Wellness</i>	Winchester
Think Give	<i>Think Give Curriculum Development, Mental Health Focus</i>	Acton, Carlisle, Concord
Virginia Thurston Healing Garden	LiveStrong for Cancer Survivorship Program	Acton, Bedford, Boxborough, Burlington, Carlisle, Concord, Lexington, Lincoln, Littleton, Wilmington, Winchester, Woburn
Woburn Public Schools	<i>The NAN Project in Woburn Memorial High School 2020-2021</i>	Woburn
Carlisle Council on Aging	<i>Voices of Experience: Sharing Personal Narratives</i>	Carlisle
Lexington Recreation and Community Programs	<i>There's More to Explore: Lexington's Park Pop-Up Series</i>	Lexington
Littleton Community Farm	<i>Expanded Hunger Relief Program</i>	Littleton
Saheli	<i>Saheli Youth Fellowship Program and Saheli Youth Conference</i>	Acton, Burlington, Lexington
Social Capital, Inc.	<i>SCI Youth Grant Pitch Project</i>	Woburn

	<b>COA Programming Grants</b>	
Bedford COA	<i>Virtual UCLA Memory Program</i>	Bedford
	<b>Capacity Building Grants</b>	
Turning Life On	<i>Turning Life On Digital Wellness Program Data Brief</i>	Acton, Bedford, Boxborough, Burlington, Carlisle, Concord, Lexington, Lincoln, Littleton, Wilmington, Winchester, Woburn
Grow a Strong Family	<i>Internet Outreach &amp; Marketing</i>	Bedford
Caritas Communities	<i>Covid 19 PPE and Signage</i>	Bedford
Concord Prison Outreach	<i>WELCOMEBACKpacks</i>	Acton, Bedford, Boxborough, Burlington, Carlisle, Concord, Lexington, Lincoln, Littleton
People Helping People (Burlington Food Pantry)	<i>New Computers</i>	Burlington
Think Give	<i>CRM System Onboarding, Training, and Setup</i>	Acton, Carlisle, Concord
Acton Council on Aging	<i>Acton COA Website Design Update</i>	Acton
	<b>Training and Professional Development Grants</b>	
Burlington Public Schools (Christine Concesion, Guidance Counselor)	<i>Social Emotional Learning Certificate</i>	Burlington
Center for Parents and Teachers	<i>Natural Connections: Making the most of outdoor learning spaces to reduce anxiety in the time of COVID</i>	Acton, Bedford, Concord, Lincoln
Turning Life On	<i>UNH Professional Development and Training Courses: Teaching and Reaching the Teenage Brain / Integrating Social Emotional Learning in the K-12 Classroom</i>	Acton, Bedford, Boxborough, Burlington, Carlisle, Concord, Lexington, Lincoln, Littleton, Wilmington, Winchester, Woburn
Bedford Health and Human Services/Bedford Council on Aging and Youth & Family Services	<i>Bedford Virtual Career Coaching Bootcamp</i>	Bedford
Burlington Youth and Family Services	<i>Eye Movement Desensitization and Reprocessing Training, approved by the EMDR International Association</i>	Burlington
Virginia Thurston Healing Garden	<i>Integrative Medicine Summit</i>	Acton, Bedford, Boxborough, Burlington, Carlisle, Concord, Lexington, Lincoln, Littleton, Wilmington, Winchester, Woburn
Danny's Place	<i>Active Bystander Training Series</i>	Acton
First Connections	<i>Stipend for participation in the Facilitated Learning Community Symposium on Race Equity</i>	Acton, Bedford, Boxborough, Carlisle, Concord, Lincoln, Littleton
Concord Health Division	<i>Responding with Skill in the Home and the Classroom to Reduce Youth and Childhood Anxiety One Year Into the Pandemic</i>	Bedford, Concord
Center for Parents and Teachers	<i>Skillfully Reopening Classrooms After COVID Shutdowns: Positive Discipline in Early Childhood Setting</i>	Acton, Bedford, Concord, Lincoln
Think Give	<i>Grant Writing Workshop</i>	Acton, Concord, Carlisle, Bedford, Lexington, Littleton, Woburn, Burlington, Winchester, Wilmington

Neighbor Brigade	Diversity, equity and Inclusion Training for our Chapter Leaders	Acton, Bedford, Boxborough, Carlisle, Concord, Lexington
Open Table	<i>Philanthropy MA Fundraising Certificate Program</i>	Acton, Bedford, Boxborough, Carlisle, Concord, Lexington, Lincoln, Littleton
Acton Boxborough United Way on behalf of Acton Boxborough Racial Justice Collaborative	<i>Acton Boxborough Community Circle Keeper Training</i>	Acton, Boxborough
<b>Facilitated Learning Community Symposium on Youth Mental Health Community Cohort Grants</b>		
Burlington Youth and Family Services	<i>Caring as a Community: A Mental Health Book Group &amp; Mental Health and the Athlete</i>	Burlington

<b>Facilitator</b>	<b>Community Trainings</b>	
Jon Mattleman	<i>Back to School/Work: Re-Entry and Resilience: A Conversation for Helping Professionals About the Mental Health Challenges of Quarantining, Re-entry to Work, Helping Yourself and Helping Others</i>	All CHNA 15 Communities: Acton, Bedford, Boxborough, Burlington, Carlisle, Concord, Lexington, Lincoln, Littleton, Wilmington, Winchester Woburn
Willia Cooper, Empower Success	<i>Mastering Zoom</i>	All CHNA 15 Communities
Adrienne Principe, Executive Director, Turning Life On	<i>Social Media and Mental Health During Covid</i>	All CHNA 15 Communities
Jeanine Calabria, Executive Director, Open Table and Usha Thakar, Executive Director Boston Area Gleaners	<i>Food Security and the Impact of Covid</i>	All CHNA 15 Communities
Mary Curlew, Community Education and Training Specialist, Jewish Family and Children's Service	<i>Physical Distancing and Social Connection During Covid</i>	All CHNA 15 Communities
Samantha Reif, Substance Abuse Coordinator, Wilmington Police Department	<i>The Impact of Covid on People in Recovery</i>	All CHNA 15 Communities
Erin LoPorto, Yoga Bodywork and Life Coaching	<i>Balancing Your Life with Mindfulness and Self-Care: an 8-part Series</i>	All CHNA 15 Communities
Mary Curlew, Community Education and Training Specialist, Jewish Family and Children's Service	Facilitated Learning Community Symposium on Older Adult Behavioral Health: The Better Angels of our Nature - <i>Best Practices and Innovative Ideas to Support Our Elders During Difficult Times</i>	All CHNA 15 Communities
Liora Norwich, Executive Director, Network for Social Justice	Facilitated Learning Community Symposium on Race Equity	All CHNA 15 Communities
Deborah Garfield, Director of Outpatient Services, Eliot Center; Christine Shruhan, Executive Director, Burlington Y&FS; Joan Ingersoll, Carlisle COA Director; Adriana Mendes-Sheldon, Woburn Public Schools Family Liaison	FY 2021 Annual Meeting Panel Discussion: Moving Beyond Covid	All CHNA 15 Communities